

7.2.1 Describe at least two institutional best practices

ACTIVITY

1. Title of the Practice WOMEN EMPOWERMENT THROUGH HOLISTIC EDUCATION

2. Objectives of the Practice :To build a safe and inclusive environment for girls.

To develop a culture where girls can acknowledge the real world problems and learn to overcome them.

To boost their self-esteem & confidence.

To develop in them essential traits like compassion for humanity & love for nature. Encourage them to excel in Academics, Sports & Co curricular activities.

3. The Context: Women have been a marginalized class in educational sector. In spite of efforts to reduce gender gap in education, there continue to be significant barriers to girl education. Still colleges are out of reach of many Indian women and it becomes imperative that those who manage to cross the social hurdles and reach the institution of higher learning must be empowered enough to realize their true essence.

In line with this vision our college management took upon itself the mammoth task of empowering women through multi sectoral education. Coeducation was introduced in majority of classes in main college and a sincere endeavour was made to generate a gender neutral atmosphere.

1. The Practice: The college caters to the growing needs of education of girl students of the region and enables them to pursue their studies independently in a protected campus and learner friendly environment. In keeping with its professed objective of Women Empowerment, the college encourages the girls to spread their wings in all dimensions of healthy college life. We transform women talent through cutting edge education amalgamated with spiritual rejuvenation. Holistic

methodologies are adopted to empower them physically, mentally and shape them into the healthy young citizens with character and culture. Projects, Seminars, Discussions and Extension Lectures provide a forum for them to think. Organization of multifarious competitions like Rangoli, Mehendi, Best Out of Waste, Nutrition Contest etches out their awe inspiring creativity. Regular Health Awareness Lectures by leading doctors, Workshops on Self Defense, Personality Development Courses, Rallies, Debates, Letter Writing & Poster Making on gender issues are regularly conducted to equip the girls fully to face the real world. We try to provide professional skills to girls through computer, like Computers, language lab compete in global market. To inculcate entrepreneurial attitude among young girls, they are encouraged to plan start-ups so that they become job givers instead of job seekers. Career guidance is also provided to facilitate economic security and financial independence of women.

Ample opportunities are thrown open to girls to participate in Inter College Competitions and Youth Festival. Placards, Slogans, Quotes in favour of respect for woman are installed in key areas of college. An altruistic attitude is energized in them through Value Education. They are motivated to join NSS to engrave in them the sentiment of service towards society & nation. The college is equipped to enable the students to develop their athletic skill in indoor & outdoor games. Scholarships and Fee Concessions are given to deserving and needy girls. Coaching assistance and Remedial classes are organized to stretch the weak students at par with others. We help the girls to find their own footing, write their own story and fight their own battles after they move out from this institution. All our meaningful efforts have proved to be a game changer enabling us to accomplish the goal of women empowerment successfully.

5. Evidence of Success: Stupendous results in academics in all classes speak volumes of our success in sharpening the intellect of girls. We have been able to grab considerable number of prizes in co-curricular activities in Inter College Competitions and Youth Festivals. We have been able to churn out illustrious alumni of empowered women. Our students remain worthy of degrees conferred upon them and have become our brand ambassadors in various fields. 6. Problems Encountered and Resources Required: The first barrier in the way of efforts of college to foster women empowerment is ingrained in cultural norms. The girls feel the pressure as they have to swim against the system and socially constructed gender biases to enter the college. A majority of girls in Humanities are from humble family background. They have low level of selfconfidence and insufficient family support. Most of the girls discontinue their education after graduation and embrace matrimony. Parents still perceive marriage as priority over education. So our college doing most of the work regarding awareness of the parents so that the girls of our society girls become self reliant

ACTIVITY

Title of the Practice WORKSHOP FOR TEACHING PRACTISE

Objectives of the Practice : 1. To become well acquainted with the classroom teaching environment.

2. To use effectively their teaching experience during the internship for real classroom teaching.

3. To understand the working of the school administration.

4.To write and demonstrate micro, macro, diary, ICT, test based and teaching model-based lesson plans.

5. Skills to develop audio visual aids in each subject.

6. To write and demonstrate evaluation tools.

The Context:

Internship is an indispensable Endeavour of B.Ed curriculum. Students learn how to integrate theory with practice here .Students apply theories of psychology, tools of assessment, Evaluation techniques, Curriculum of different classes etc.

The Practice

Workshop for Internship program me is systematically planned in the college with all the necessary preparedness. As per the syllabus by Panjab University Chandigarh there is a provision of pre-internship-1, pre-internship 2, and Internship program and post internship phase.

In pre-internship-1 the school exposure program me carried out in local/nearby school or schools. For this, the student teachers placed in various types of school such as Private, Urban and Rural. A group of 10 to 12 student teachers may be placed in one school for this purpose. Efforts made to provide exposure to as many types of schools as possible. For this orientation program me arranged before sending the student teachers to schools to acquaint them with the objectives and modalities of such program me. During this program me, the student teachers are prepared that they have observed the following criterion and collected the evidences regarding these criterion:

1. Philosophy, aim and vision of the school.

2. Organization & Management (Affiliating body, type of school, type of management)

3. The school/classroom environments with reference to infrastructure (area and layout), equipments, curriculum (critical analysis of any class in both teaching subjects), teaching learning materials, utilization of human resources.

4. Various co-curricular activities related to dramatics, literary, sports and fine arts etc.

5. Morning Assembly (Observation of conduct and activities carried out during morning Assembly).

6. After completion of the field exposure program me, student teachers developed a detailed report and present it for evaluation at the college.

Students are also motivated how to take experiences from the school environment

Two weeks Pre-internship carried out during the second semester in local/nearby school. For this, the student teachers attached to Private, Urban and Rural. Approximately 10 to 12 student teachers attached in one school for the purpose. For this orientation program me organized in the college During this program me, the student teachers are prepared that they have observed the following criterion and collected the evidences regarding these criterion.

1. The teaching learning process in the real classroom, use of multimedia, student participation, classroom management. The student teachers observe teaching learning process for which they use observation schedules. The institute develops these schedules; and orients the student teachers on the process of observation as well as use of the schedules.

2. Evaluation procedures used in the school

a) Types of evaluation

b) Maintenance of examination records

3. Library resources

4. Types of Grants and Scholarships received by school

5. Record of any one stock register

At the end of the program me, student teachers develop a detailed report of the local school as well as of the innovative school/ educational resource centre separately and present the same in the college.

Internship program me is systematically planned activity of the college. For this 7days workshop on lesson planning is organized every year and student teachers learn to write various types of lessons Every year we allocate students to various schools according to their convenience and requirement of the school.

Pupil teachers also opt government schools which are allocated to them according to the government on the basis of their preferences.

Phase-2: Teaching Practice Duration: the convenient small groups of student teachers attached to a school and he/she undertake such duties as are assigned to him / her by

the Head Master/Principal of the school in all school related activities. During this period, he/she shall teach minimum of 60 lessons in each pedagogic subject under the supervision of the mentor teacher and respective teacher educators.

For this workshop was organized as per following schedule :

WORKSHOP ON SCHOOL INTERNSHIP

“DAY-1”

<u>Time</u>	<u>Topic</u>
09:10 a.m -09:30 a.m programme	Welcome and orientation about school internship
09:30 a.m -10:30 a.m	Introduction about school Internship
10:30 a.m-11:00a.m	Need and importance of micro teaching
11.00 a.m-11.30a.m	Skill of introduction and its format
11.30a.m - 12.00 noon	Break
12.00 p.m-12.40 p.m	S-I (S.St/commerce/Math)
12.40p.m-01.20 p.m	S-II (Pbi./Eng./Hindi)
01.20 p.m-02.00p.m	S-III (Sci. /Eco./C.S)

“DAY-2”

<u>Time</u>	<u>Topic</u>
09:15 a.m -10:00a.m	Skill of Probing question and its format
10:00a.m -10:30a.m	Skill of Explanation and its format
10:30 a.m-11:15a.m	Skill of Reinforcement and its format
11.15a.m - 11.45a.m	Break
11.45 a.m -12.30p.m	S-I (S.St/commerce/Math)
12.30 p.m-01.15p.m	S-II (Pbi./Eng./Hindi)
01.15 p.m-02.00p.m	S-III (Sci. /Eco./C.S)

“DAY-3”

<u>Time</u>	<u>Topic</u>
09:15a.m -10:00a.m	Skill of Stimulus variation
10:00a.m -10:45a.m	Format of Macro Lesson Plan/Teaching Aids
10:45 a.m-11:15a.m	Format of ICT Lesson Plan
11.15a.m - 11.45a.m	Break
11.45 a.m -12.30p.m	S-I (S.St/commerce/Math)
12.30 p.m-01.15p.m	S-II (Pbi./Eng./Hindi)
01.15 p.m-02.00p.m	S-III (Sci. /Eco./C.S)

“DAY-4”

<u>Time</u>	<u>Topic</u>
09:15a.m -09:45a.m	Format of Lesson Plan based on diary format
09:45a.m -10:45a.m	S-I (Format of test based lesson plan) (S.St/Com. /Math)
10:45 a.m-11:45a.m	S-II (Format of test based lesson plan) (pbi./Eng./Hindi)
11.45 a.m-12.15p.m	Break
12.15 p.m-01.15 p.m	S-III (Format of test based lesson plan) (Sci./Eco./C.S)

“DAY-5”

<u>Time</u>	<u>Topic</u>
09:15a.m -09:45a.m	How to create Google form
09:45a.m -10:15a.m	Use of screen recorder
10.15 a.m - 10.30 a.m	Break
10:30 a.m-11:00a.m	Create Google classroom
11.00 a.m-12.00p.m.	S-I (S.St/commerce/Math)
	(Practice of Google form, screen records, Google classroom)

12.20 p.m-01.10p.m S-II (Pbi./Eng./Hindi)

01.10 p.m-02.00p.m S-III (Sci. /Eco./C.S)

“DAY-6”

Time Topic

09:15a.m -10:15a.m Format of Concept attainment model

10:15a.m -10:30a.m Break

10:30 a.m-11:30a.m S-I (S.St/commerce/Math)

11.30 a.m-12.30 p.m. S-II (Pbi./Eng./Hindi)

12.30 p.m-01.00p.m Braek

01.00 p.m – 02.00 p.m S-III (Sci. /Eco./C.S)

“DAY-7”

Time Topic

09:15a.m -10:15a.m Format of lesson based on Glaser teaching model

10:15a.m -10:30a.m Break

10:30 a.m-11:30a.m S-I (S.St/commerce/Math)

11.30 a.m-12.30 p.m. S-II (Pbi./Eng./Hindi)

12.30 p.m-01.00p.m Braek

01.00 p.m – 02.00 p.m S-III (Sci. /Eco./C.S)

“DAY-8”

Time Topic

09:15a.m -10.00a.m Format of Lesson Plan based on inquiry training model

10:00a.m -11:15a.m Selection of teaching practice students In charges/Captains

& General Introduction regarding teaching practice

11:15 a.m-11:45a.m Break

11.45 a.m -12.30p.m S-I (S.St/commerce/Math)

12.30 p.m-01.15p.m S-II (Pbi./Eng./Hindi)

01.15 p.m-02.00p.m SS-III (Sci. /Eco./C.S)

"DAY-9"

<u>Time</u>	<u>Topic</u>
09:15a.m -10:15a.m	Instruction about file
10:15a.m -11:15a.m	S-I (S.St/commerce/Math)
11.15 p.m-12.15p.m	S-II (Pbi./Eng./Hindi)
12.15 p.m-01.15p.m	S-III (Sci. /Eco./C.S)

So as per above schedule the pupil teachers are prepared for teaching practice in schools .